

Enjoy the journey of life

Books | Jenny Ling

VIOLENCE, greed and a "lack of values" in Australian society has resulted in a challenging 370-page book on "life's big questions".

Caulfield businessman and philanthropist Ron Goldschlager teamed up with Jerusalem-based philosopher Rabbi Adin Steinsaltz to write *The Mystery of You*, which will be launched at the Glen Eira Town Hall on May 9.

The authors' profits will be donated to five charities including the Murdoch Children's

Don't rush to the destination, it's all about the little things you learn along the way

Research Institute, youth mentoring program Big Brother Big Sister and the Israeli Red Cross service Magen David Adom.

Mr Goldschlager said themes covered ageing, behaviour, happiness, and science and religion.

It started 12 years ago when he became increasingly interested in his Jewish

background, saw conflicts between science and religion and began taking notes.

He approached Rabbi Steinsaltz who agreed to co-write the book that includes images by McKinnon artist Victor Majzner.

"In today's world most people don't dig too deep; most people live for today," Mr Goldschlager said. "I'm very concerned about where society and Australia are going...the violence, breaking down of families, lack of values, abuse and gross materialism.

"Life could be much better."

He had one final piece of advice for a happy life.

"Enjoy the journey more than the destination," he said.

"The joys of life are in all of the little things along the way."

The Mystery of You is available from bookshops and mysteryofyou.com. RRP: \$39.95.